

Delicious Ways to Enhance the Flavor of Your Resource®

If you have an oral nutritional supplement flavored, here are some **tasty recipes** to **change up the flavor** and make your experience more enjoyable.



Vanilla Flavor

Serve Resource® cold. Accompany with liquid caramel threads and sprinkle with ground nuts. Add one teaspoonful of Nesquik® to Resource® and serve cold.



Strawberry Flavor

Serve Resource® cold, with red fruits (strawberries, raspberries, cranberries...). Prepare a strawberry milkshake with Resource® and strawberries, garnished with mint leaves. Serve cold. Prepare a banana-strawberry milkshake with Resource® and banana, topped with ground cinnamon. Serve cold.



Coffee Flavor

Prepare a coffee slushie with Resource® and ice. You can add a teaspoonful of Nescafé® to enhance the flavor. Serve it hot: heat Resource® in the microwave without boiling and sprinkle cinnamon powder on top.



Chocolate Flavor

Combine the chocolate Resource® with a few drops of peppermint extract and milk. Blend with ice for a refreshing mint chocolate flavor.



Praline Flavor

Stir Resource® praline flavoring and crushed pralines into warm oatmeal for a sweet breakfast option.

ICE CREAM



Creating ice cream using Resource® is a delicious way to enhance the flavor, the nutritional value while ensuring you meet your dietary needs.

Basic Ice Cream Base:

Combine your Resource® with milk (or a dairy alternative) in a blender. Add sweeteners or flavorings like vanilla extract or cocoa powder, then freeze the mixture in an ice cream maker or a suitable container.

Fruit-Infused Ice Cream:

Blend your Resource® with fresh or frozen fruits such as bananas, strawberries, or mangoes. Pour the mixture into an ice cream maker or a container and freeze until solid.

Chocolate Delight:

Mix Resource® chocolate-flavored ONS with milk and a spoonful of peanut butter or chocolate hazelnut spread. Blend until smooth and freeze for a creamy chocolate treat.

Discover recipes

