

Take Your Resource® Today

Your doctor has prescribed an oral nutritional supplement to improve your nutritional status and health. It is **important to follow the prescribed dosage** or daily bottles to achieve the intended health benefits.

Name of the supplement:

Resource®

Dosage:

Bottles / day

Instructions: Each time you finish your bottle of Resource® supplement, cross out a hexagon. This will help you remember your daily dosage.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1st month	Week 1						
	Week 2						
	Week 3						
	Week 4						
2nd month	Week 1						
	Week 2						
	Week 3						
	Week 4						
3rd month	Week 1						
	Week 2						
	Week 3						
	Week 4						
4th month	Week 1						
	Week 2						
	Week 3						
	Week 4						

IS YOUR DIARY FULL?



Download it from the website



Print it out



Hang it on the fridge to have it handy